This letter confirms that you are registered to attend

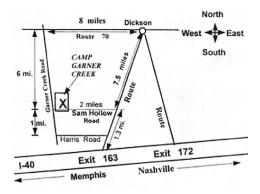
# The 15th Annual

Tennessee
Woman
to
Woman
Conference

October 4-6, 2019



- · About 45 Minutes West of Nashville
- Exit I-40 at Route 48 (exit 163)
- Go right (North) on Route 48 1.3 miles
- Turn left on Sam Hollow Road
- · Go 2.0 miles to Garner Creek Retreat Center





# **Arrival and Check In**

- Check-in Friday, October 4<sup>th</sup> From 3:00-6:00 PM @ Registration A, 6:30-7:00 PM in the Chapel
- INTRO Get The Most Out of W2W! 4:30-5:15 PM
- Dinner 5:30-6:30 PM
- Program 7:00 PM; if you arrive after 7:00 PM, come to the Chapel, and we will check you in after the speaker concludes.
- Arriving after 9:00 PM? Please email us at tnwoman2woman@gmail.com at least two days in advance so we can arrange to get room keys and other material to you.
- Saturday morning registration will conclude from 8:00-9:00 AM in the Dining Hall.

## What to Bring

While you are packing for this wonderful weekend, remember the following:

- Your favorite snack to share for our "Re-Treats Cafe" located in the Chapel
- Camp chair for outdoor impromptu get-togethers; outdoor smoking areas will be designated - BYOC
- Reusable water bottle &/or coffee cup
- Layers of casual, comfy clothing & shoes for warm or cool temps and light outdoor activities
- Make-up & hair products optional
- Flashlight or headlamp (we are in the woods and it is pitch black out there)
- Cash for AA & Alanon literature tables
- Journals & pens or pencils
- · Umbrella or raincoat
- Yoga mat

#### At Mealtime

- Food is BEST & freshest at the time it is served! We recommend being on time!
- Those with special diets, including vegan and vegetarian, may want to bring supplemental foods to assure their required nutrition.
- A microwave is available in Pinewood Lodge should anyone need to warm food.

### **Good to Know**

- Sign up for service opportunities @ Signupgenius.com with provided links or in person at registration. Options abound all weekend, especially Sunday cleanup!
- Linens are provided although you may want to bring your own pillow.
- Cell phone service is spotty, however there is a pay phone available (yes, they still exist).
- Rooms and facilities are non-smoking
- No roommate changes after 12Noon on October 2nd
- No food allowed in rooms
- No children
- No animals
- If you have a special talent or a 2-3 minute skit you would like to perform, please reach out to Kristin L. at kmh.laine@gmail.com.

## Cancellations

- We cannot offer refunds unless we have a waiting list
- If you are unable to attend, please contact us at tnwoman2woman@gmail.com ASAP.
- If we are able to fill your spot, we will refund your money less a \$10 handling fee.
- If you are sending someone in your place, contact us so we can update our records & have a correct name tag available.

Program ends Sunday October 6<sup>th</sup> at 11:00 AM | Check out time is 12:00 PM